

R & B

First, we find all the listed words in the below word search.

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Q Q A S J M D O N P R J K L I E T
M E L Q Q D D B S W E V R O A N T
I I D E M V S G Z O G E S P A O U
Y C I R I G R Z G A E O T E Z O G
B E E T S J E B S N L Q P A U P R
R S M M H A D R B P N A V L V E W
O M X R G Y E O T V R I E H U M D
S U L I M E Y C A G W H A L E M H
E R J G R S B C J P T O M A T O G
S F W V L E R O E U I L U B P C R
L I L A C A R L A M T M O P E H A
E Y C F N D Q I N P B L W O O E S
Y L Y R A E B H S K L S P U M R S
A M E T H Y S T T I T S W S S R X
C U Z C F C S R Z N G A W A I Y S
E C W A Z P Y M H E O P E D X H R
L A Q R Y Y T A G P N P I R D Y X
E J K R S R F I V C J H S N O B K
R M A O J L J W E Z K I R K S V O
Y L P T M H C I C T H R T F Y E J
F R O G R E I Y S A L E R Q F K F
  
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Notice that all of the words describe objects that are stereotypically a specific color. For instance, carrots are usually orange. Labeling each object with a color yields:

Amethyst	Purple	Jay	Blue	Sea	Blue/Green
Broccoli	Green	Jeans	Blue	Sky	Blue
Beets	Purple	Lilac	Purple	Smurf	Blue
Carrot	Orange	Lime	Green	Tomato	Red
Celery	Green	Peas	Green	Whale	Blue
Cherry	Red	Plum	Purple		
Frog	Green	Pumpkin	Orange		
Grape	Purple	Roses	Red		
Grass	Green	Sapphire	Blue		

R & B

Notice that there are quite a few purple, blue, and green objects, but there are no yellow objects. Combining this observation with the fact that "R&B" could represent "Red & Blue" hints that we should focus on the objects that have some red in them and the objects that have some blue in them (according to the rules of primary and secondary colors).

Objects colored red, orange, and purple contain some red. For these objects, we can examine the word search with only those words (rather than all the words). Likewise, objects colored green, blue, and purple contain some blue, so we can look at those words separately in the word search.

Partially Red Objects

- Amethyst
- Beets
- Carrot
- Cherry
- Grape
- Lilac
- Plum
- Pumpkin
- Roses
- Tomato

Q Q A S J M D O N P R J K L I E T
M E L Q Q D D B S W E V R O A N T
I I D E M V S G Z O G E S P A O U
Y C I R I G R Z G A E O T E Z O G
B E E T S J E B S N L Q F A U P R
R S M M H A D R B P N A V L V E W
O M X R G Y E O T V R I E H U M D
S U L I M E Y C A G W H A L E M H
E R J G R S B C J P T O M A T O G
S F W V L E R O E U I L U B P C R
L I L A C A R L A M T M O P E H A
E Y C F N D Q I N P B L W O O E S
Y L Y R A E B H S K L S P U M R S
A M E T H Y S T T I T S W S S R X
C U Z C F C S R Z N G A W A I Y S
E C W A Z P Y M H E O P E D X H R
L A Q R Y Y T A G P N P I R D Y X
E J K R S R F I V C J H S N O B K
R M A O J L J W E Z K I R K S V O
Y L P T M H C I C T H R T F Y E J
F R O G R E I Y S A L E R Q F K F

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Partially Blue Objects

Amethyst
Broccoli
Beets
Celery
Frog
Grape
Grass
Jay
Jeans
Lilac
Lime
Peas
Plum
Sapphire
Sea
Sky
Smurf
Whale

Q Q A S J M D O N P R J K L I E T
M E L Q Q D D B S W E V R O A N T
I I D E M V S G Z O G E S P A O U
Y C I R I G R Z G A E O T E Z O G
B E E T S J E B S N L Q F A U P R
R S M M H A D R B P N A V L V E W
O M X R G Y E O T V R I E H U M D
S U L I M E Y C A G W H A L E M H
E R J G R S B C J P T O M A T O G
S F W V L E R O E U I L U B P C R
L I L A C A R L A M T M O P E H A
E Y C F N D Q I M P B L W O O E S
Y L Y R A E B H S K L S P U M R S
A M E T H Y S T T I T S W S S R X
C U Z C F C S R Z N G A W A I Y S
E C W A Z P Y M H E O P E D X H R
L A Q R Y Y T A G P N P I R D Y X
E J K R S R F I V C J H S N O B K
R M A O J L J W E Z K I R K S V O
Y L P T M H C I C T H R T F Y E J
F R O G R E I Y S A L E R Q F K F

The words describing the partially red objects spell "CAT" while the words describing the partially blue objects spell "BLACK". Combining these appropriately yields the final answer

BLACK CAT.