Neptune Puzzle Answer

The goal of this puzzle is to figure out the order in which he visits the fountains and draw the path he takes. Then, you should notice that there are 4 letters between each pair of fountains that the path intersects. Put those letters into the 4x7 grid provided and notice that when read from top to bottom, left to right, it reads SPANISHEXPLORERTHEFOUNTAINOF. From this, the answer is YOUTH.